



# WHERE DO YOU SEE YOURSELF IN 5 YEARS?

Individualized learning is learning on your own terms!

## In this issue:

step-by-step admission guide, living in Tyumen, career opportunities and fun activities for students outside of studies



The university and the region

№03/741  
2021

[utmn.ru](http://utmn.ru)

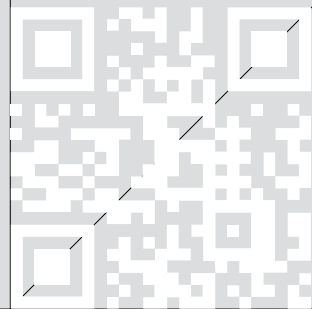


# CLASSIC VALUES. PROGRESSIVE VISION

## MAKE MEMORIES WITH UTMN



Join student clubs.  
Excel at sports.  
Do independent  
research. Make every  
moment count.



WE STRIVE TO PROMOTE  
INNOVATION IN ALL  
ASPECTS OF OUR WORK.  
WE ARE LAUNCHING A  
BETTER AND BIGGER  
VERSION OF OUR  
INTERNATIONAL WEBSITE.

### CRYSTAL CLEAR

The new design of the  
website is minimalistic,  
simple, and open. This  
version is intuitive and easy  
to navigate. Every web  
page is straightforward.

### EFFICIENT

We value your time. All of the  
information is divided into  
five basic categories. We  
have included Quick Links and  
a Search bar. Our news feed  
will help you get the latest  
information and keep you in  
the loop.



Recently sustainability became a big point for discussion. Quite a lot of people are confused by the term, but lots more are joining the groups of the green movement. We've asked Kristina Shelemekha, UTMN Alumni and a green activist, to share some tips on integrating sustainable practices and becoming more eco-friendly. Kristina is a permanent figure in the green community and could be called a pioneer. She was the first to open a Package Free Shop in the Tyumen region. In her personal life, Kristina collects and sorts out recycling materials. She stands for the idea of producing as little waste as possible or living a "zero waste" lifestyle. Read the interview with Kristina to learn more about going green.

Read in this issue: a step-by-step admission guide, living in Tyumen, career opportunities and fun off-studies activities for students outside of studies.

16+

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See pdf version here



# Dear prospective student,

We are living in times of constant change, but we continue to set the most daring goals and implement ambitious development projects. Our large-scale innovative, scientific and educational projects allow us looking into the future with optimism, make plans, and reach new frontiers.

Our strength lies in a strong partnership. In the increasingly globalized world, it is important to build mutual understanding, learn to collaborate and establish strong relations. We strive to make ties with research centres, industries, independent entrepreneurs, local and international universities. Due to mobility programs, international exchange, and, most importantly, thanks to international students, we are constantly learning about new cultures and languages.

We admire your courage, talent and determination to study abroad. Learning a new language, getting accustomed to a new culture, mixing with new people is a big challenge. We are proud of you. Hopefully, with time, you will think of our University as a second home, the UTMN community becoming a family for you.

Studying here, you benefit a lot. We believe that this experience will help you advance as a scholar, researcher and most importantly, as a personality. With your open hearts and curious minds, everything is possible for you.

Our doors are always open for you!

**Ivan Romanchuk,**  
**Rector of the University of Tyumen**



**UTMN promotes regional tourism**

This year the Tyumen region found itself in the top ten tourist destinations in Russia. The rating was compiled by TVIL.RU, a booking service. It is worth noting that over the past three years, tourist flow grew by 30%.

UTMN contributes to the development of tourism and the hospitality business in the Tyumen region. Specialists and students of the Department of Service, Tourism, and Hospitality Business have developed 15 excursion routes in the Tyumen region. Among them, the tour you should not miss – "The Great Tea Route: Gates of Siberia."



**New UTMN Project to Support Migrant Families**

The University of Tyumen has received a grant from the Federal Agency for Ethnic Affairs. UTMN will develop a system of educational activities to help migrant families better integrate into the Russian sociocultural environment.



ELENA TUMAKOVA, UTMN Vice-Rector

"IT IS A BIG CHALLENGE FOR THE UNIVERSITY TO IMPLEMENT SUCH A PROJECT. WE ARE DEVELOPING A SOLUTION FOR THE WHOLE COUNTRY. THE PROGRAM WILL MAKE FOR THE INTEGRATION OF MIGRANT FAMILIES ACROSS RUSSIA. OUR MOST EXPERIENCED PROFESSIONALS WILL WORK WITH THE FOREIGN CITIZENS"



**International Arctic project launch**

The project is funded by a grant from The Research Council of Norway. The new joint project is called URSA MAJOR, which stands for URban Sustainability in Action: Multi-disciplinary Approach through Jointly Organized Research schools.

The project is directed to transforming the economy under the Green Deal and will take 5 years to implement it. URSA facilitates the switch from the use of fossil fuels to renewable energy and raw materials, which will achieve zero net greenhouse gas emissions and zero total pollution of the environment.

**Study with us**

The University of Tyumen invites international students to participate in the Student Exchange Program for one or two semesters. Every year international students from Germany, China, Mexico, Switzerland, and other countries arrive to study at our university. Exchange students can choose from approximately 3000 courses offered by 63 different departments.

See here



The University of Tyumen provides access to various laboratories for students to carry out their research

Students from other universities can launch meaningful projects, using UTMN's latest tech. They can join grant projects and become members of any research group at the university.

**Obaid Gardun Lukman** is a Master's student at Tyumen Industrial University. Obaid got her BA in Iraq and then came to study in Russia. Due to the partnering program, she regularly works with UTMN and uses the scientific facilities of the West Siberian Interregional Scientific and Educational Center (SEC).

**UTMN promotes open doors policy for all students**



**The creative sector is a major contributor to Tyumen's economy**

The creative sector is a major contributor to Tyumen's economy. Tyumen ranks fourth in Russia for its innovative industry, with a total turnover of 383 billion rubles.

**Entomology as art: an unusual photo exhibition**

Igor Orlov is a postdoc at the Institute of Ecological and Agricultural Biology (X-BIO). He mainly studies taxonomy and phylogeny of the family of rove beetles or Staphilinids. Recently he found an interesting outlet for his creativity. Igor takes mesmerizing photographs of his research objects.

He launched an exhibition of his photographs to display the intricate and complicated world of microorganisms that surround us.



# WE CAN'T WAIT FOR YOU TO JOIN THE UTMN COMMUNITY

## Geography of international students

Follow these easy steps

- Step 1 **Choose a program.**

UTMN provides more than 100 programs in Russian or English. Find the one that suits you!

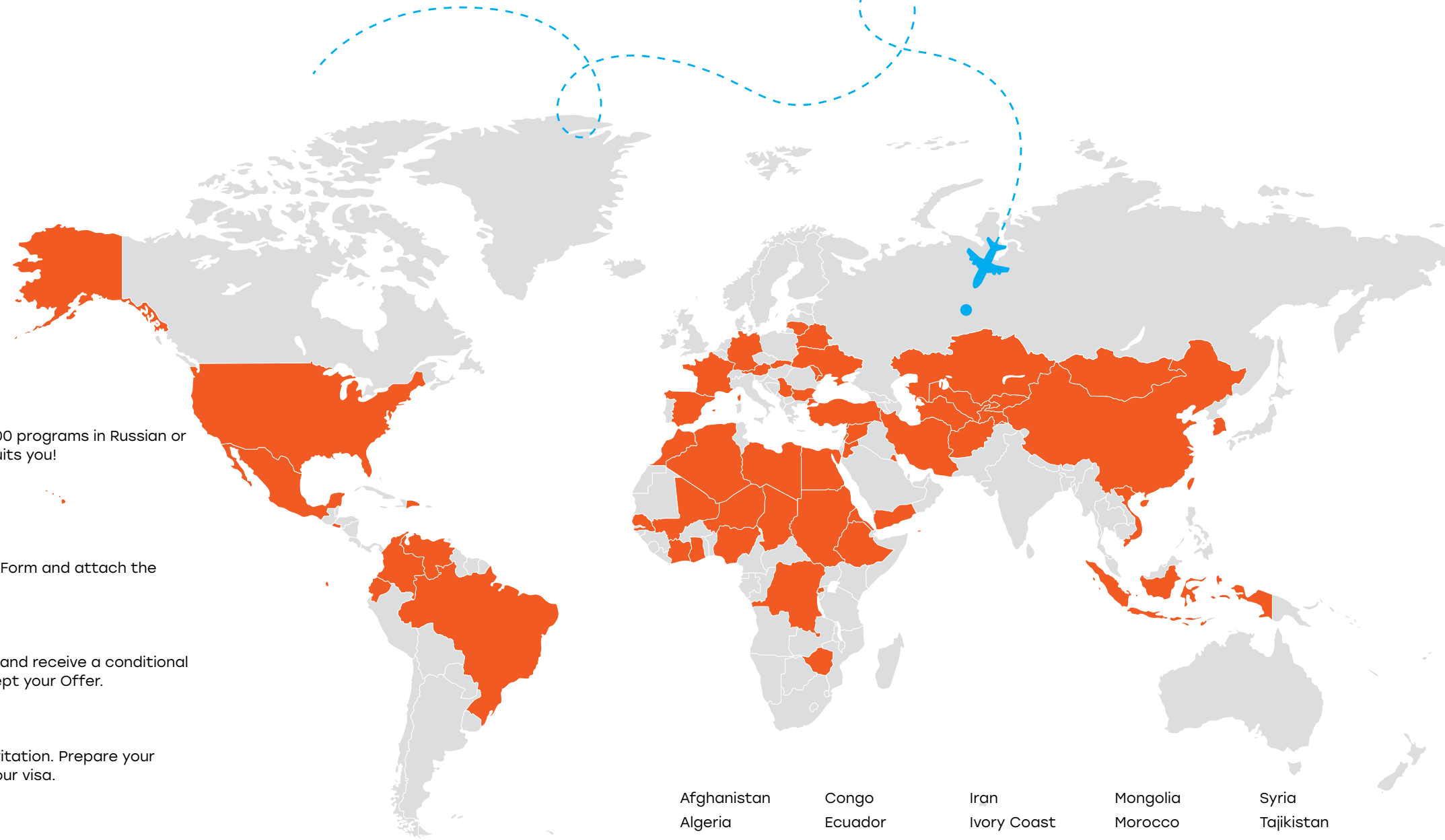
[utmn.ru/en](http://utmn.ru/en)
  - Step 2 **Apply online.**

Fill in the Online Application Form and attach the requested documents.
  - Step 3 **Receive Offer**

Pass the selection process and receive a conditional Letter of Acceptance. Accept your Offer.
  - Step 4 **Visa**

Receive your official visa invitation. Prepare your documents and apply for your visa.
  - Step 5 **Get in touch**

Send the scanned copy of your visa and your arrival details to our International Student & Scholar Services so that we could arrange your pick-up.
- All done! Come to Tyumen and start your academic journey in our student community!



- |             |             |             |             |              |
|-------------|-------------|-------------|-------------|--------------|
| Afghanistan | Congo       | Iran        | Mongolia    | Syria        |
| Algeria     | Ecuador     | Ivory Coast | Morocco     | Tajikistan   |
| Armenia     | Egypt       | Jordan      | Niger       | Turkey       |
| Austria     | El Salvador | Kazakhstan  | Nigeria     | Turkmenistan |
| Azerbaijan  | Eritrea     | Kyrgyzstan  | Rwanda      | Ukraine      |
| Belarus     | Ethiopia    | Lebanon     | Senegal     | USA          |
| Brazil      | France      | Libya       | Serbia      | Uzbekistan   |
| Bulgaria    | Germany     | Lithuania   | Slovakia    | Venezuela    |
| Chad        | Ghana       | Mali        | South Korea | Vietnam      |
| China       | Haiti       | Mexico      | Spain       | Yemen        |
| Colombia    | Indonesia   | Moldova     | Sudan       | Zimbabwe     |

# Study Russian at UTMN

University of Tyumen is proud to provide a foundation program for international students seeking to study at a Russian university, who need additional training to improve their academic Russian language skills.

Starting at any level you can take Russian at the Preparatory Department. The program is suited for students pursuing a Bachelor's or a Master's degree.

## ➔ There are three programs available:

- **Standard program:**  
October – June  
(2 semesters)
- **Advanced program:**  
March – June  
(3 semesters)
- **Intensive program:**  
December – July  
(8 months)

## ➔ You can choose a track to build your vocabulary and brush up your knowledge in the professional sphere:

**Economics** Social Studies, History, Maths, Computer Science

**Engineering** Maths, Physics, Computer Science, Social Studies

**Humanities** History, Social Studies, Literature, Computer Science

**Natural Sciences** Maths, Physics, Chemistry, Computer Science



Students that have successfully completed their studies will be eligible to start a degree program the following September at UTMN with no additional language exams required.

## ➔ We offer

- Highly-qualified Faculty
- Modern Language Teaching and Learning Facilities
- A hi-tech Learning Centre
- Multimedia Resources
- International Discussion Club
- Remarkable Cultural Program

Find out more  
and sign up for  
the program  
here





# WHERE DO YOU SEE YOURSELF IN 5 YEARS?



For example, many companies use translation software instead of hiring a translator. Already, more than half of the texts within the European Commission are machine translated. This does not mean that translators and interpreters will find themselves out of job, but the content of their work will change. Translators will have to be versed in computer-assisted translations, parallel corpora development, and memory span translation. Overall, there is no more need to train narrow specialists because they will not have the necessary range of skills to cope successfully with the demands of the labor market.

The skills and knowledge that will still be useful in 5 years [are defined as the competencies of the future. The most important skills are related to communication skills, creative thinking, and decision-making.

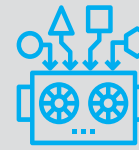
At UTMN the skills versatility of a learner is achieved through the new individualized educational trajectories. The main novelty is that students participate in shaping their personal curriculum. They choose their Major and Minor courses, as well as electives, having the freedom to develop a balanced skill set that suits them best. To compare, the old educational model, can be likened to a pattern, where all parameters are always predetermined.

### Are Individualized educational trajectories necessary?

Undoubtedly, flexible adaptable programs are necessary for people of the future, for nobody knows, what the world will look like in 5 to 10 years. By adjusting educational trajectory, every student has the opportunity to become a unique professional highly in-demand in the labor market.

The rapid development of new technologies is quickly changing our views on life-long occupation. In this regard, the global labor market is likely to face major transformations, and an important question arises: will robots replace people at their jobs?

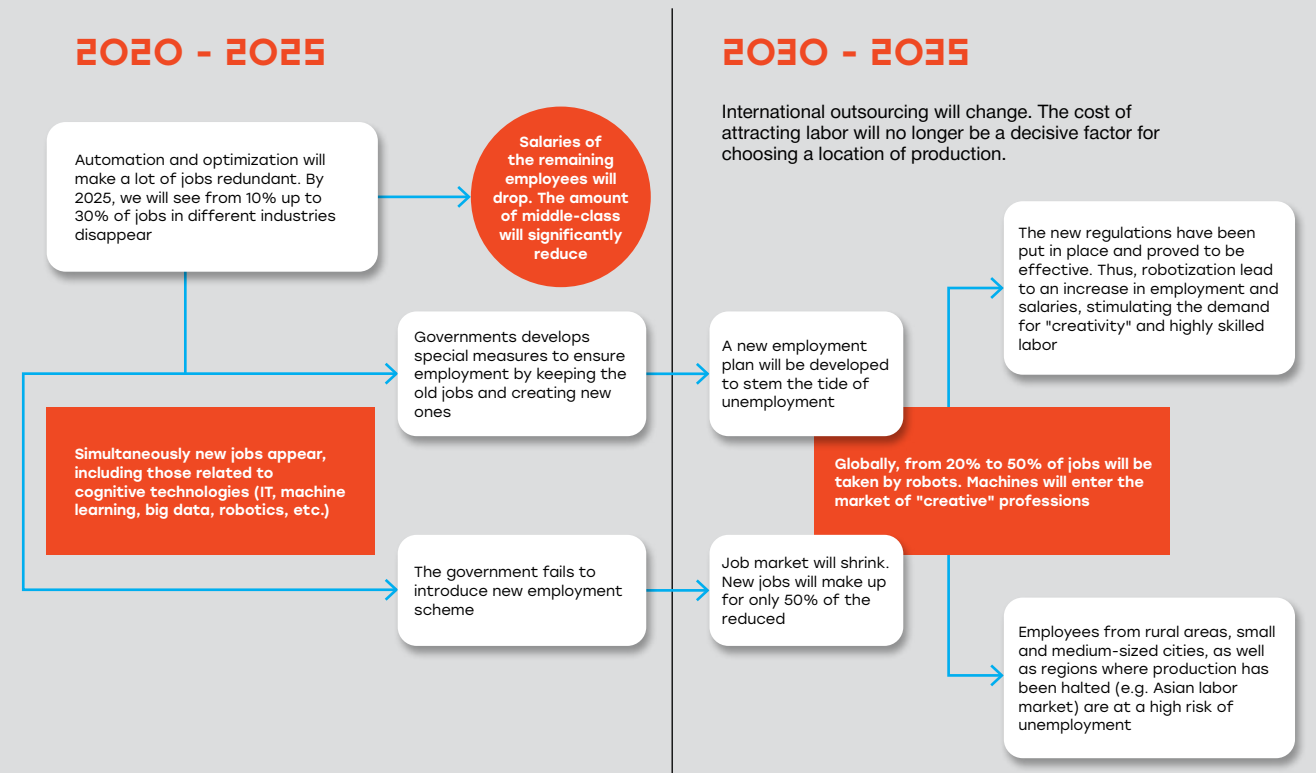
A lot of large companies (such as Sberbank) have already begun automating routine business processes. This trend will continue over the next few years across all markets. Jobs, where workers perform repetitive tasks, are likely to die out, such as call center operators, entry-level accountants, insurance specialists, information input operators, moderators, and lawyers of lower qualification.



There are still a lot of professions that can't be automated. It involves jobs where a high level of creativity and decision-making abilities is needed. Such as scientists, top managers, cultural figures, top IT specialists, doctors of the highest category, etc.



When one job becomes obsolete, another appears. Right now, there are new developing areas in need of professionals, such as cognitive technologies and algorithmic processing, machine learning, big data, robotics, etc.



Education is changing at all levels. In 4-5 years from the moment of enrolment into the university, the market of professions will change so considerably that the acquired skills and knowledge that students have achieved will already be outdated.

If measures to change the sphere of education are insufficient (or belated) to adapt in the labor market, then education will stop helping people in finding jobs and will cease to be a social lift.

The education system ought to catch up with the demands of companies and challenges of the labor market. It means that everyone will have to learn new things. Lifelong learning and retraining will become a common practice.

### Technology is gradually changing the world and the labor market

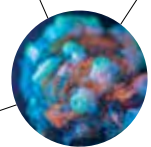
Big technological changes are not limited to a singular sphere of activity, but they affect entire industries as well.

Quite recently, computers and automated machinery have become so cheap and efficient that in some workplaces it is now effective to use them instead of people. Mechanisms and programs replaced check-taker, security guards, accountants. Even annual reports for Forbes are written by robots!

### FROM 30% TO 50% OF JOBS WILL DISAPPEAR BY 2030. PEOPLE WILL NEED TO EXPAND THEIR SKILL SET AND KEEP UP WITH THE NEW TECHNOLOGIES

Universities should move beyond the framework of training personnel for existing industries. Universities' new goal is to support individuals in forming a set of competencies that allow graduates to create new types of businesses, new activities, and new jobs on their own.

# Stay curious. Stay one step ahead



Time does not wait for anybody. We will always need to keep up with it. However, there is a chance to change the pace. UTMN anticipates, creates, and manages change in a variety of domains (scientific, technological, environmental, economic, and public). Here are some programs of the future that you can take right now

The future is hard to predict. Most areas of great invention come about unexpectedly. The same goes for changes in the labor market. Professions do not develop according to the forecasts of experts. As a rule, new jobs emerge with the development of new technologies and tools.

According to the HeadHunter research, between 2010 to 2019 the demand for digital field professionals grew by 85%. Some professions are not newly developed but reimagined. They can be called “classical” and are always in demand.

The University of Tyumen offers training at all levels of education: Bachelor, Master, and Postgrad programs. UTMN is also a strong proponent of lifelong learning and offers an array of classes and workshops. We believe that to succeed, professionals will need to develop constantly their skills.



## Digital Cultures and Media Production (MA)

The media industry is constantly changing, and therefore it requires versatile professionals who can produce successful media content and foresee change. Graduates will be able to turn out up-to-the-minute media texts and projects, using advanced methods and the latest technologies.



## Computer Security (BA)

In years to come, the demand for IT specialists will considerably grow. This program focuses upon the design and implementation of secure computer systems. Students will study the organizational and legal foundations, methods, and technologies for protecting confidential information.

# School of Advanced Studies



## We believe in internationality, interdisciplinarity, experimentation

The School of Advanced Studies (SAS) is the most international BA program. At the moment SAS employs 28 permanent faculty from 17 countries. SAS provides a liberal arts and sciences education, in which students select a major at the end of their second year of study and freely choose one-third of their courses from diverse electives.

- The programs are conducted in English
- Liberal arts and sciences education model
- Individual approach and interactive learning
- Internships
- Exchange programs
- Open courses by visiting professors and prominent figures in academia, arts, and business.

BA

7  
majors

9  
minors

>120  
electives

MA

2  
programs

- Digital Cultures and Media Production
- Experimental Higher Education

**school  
of advanced  
studies**

Study Office  
8 Marta St, 2k1, Tyumen  
sas\_apply@utmn.ru  
8 (3452) 597-400 (ext. 19122)  
sas.utmn.ru/en



PROGRAMS

continuation

# Stay curious. Stay one step ahead



### Global Russian Studies (MR)

This program was developed for international students who want to study and teach the Russian language and culture. During your studies, you will work closely with world experts, researching the Russian language, culture, and history in the context of Western Siberia society. This is a joint project of UTMN and Peoples' Friendship University of Russia.



### Plant Biosecurity (MR)

The world faces complicated issues concerning climate and environmental change, such as sustainable agricultural productivity growth decline, soil quality deterioration, and antimicrobial resistance of plant pests. Graduates of the program will be able to modify phytosanitary conditions and prevent potential risks and losses.



### Mechatronics and Robotics (BR)

Students will set up and operate mechatronic and robotic systems in automated production. Students work with professional industrial components at the stations of the modular production system FESTO MPS - the leading provider of automation technologies.



### Conceptual engineering of oil and gas fields (MR)

Oil and Gas Field Development is one of the most popular fields. This program allows students overlooking high-tech processes, and assessing the economic results and risks of oil and gas projects. Students of this program will work with representatives of Russia's largest engineering companies, such as Gazpromneft.

# X-BIO OFFERS CUTTING-EDGE GRADUATE EDUCATION

## MASTER'S PROGRAMS

- Plant Biosecurity
- Mathematical Biology and Bioinformatics

## PhD PROGRAMS

- Mycology
- Soil Science
- Entomology



### X-BIO

INSTITUTE OF ENVIRONMENTAL  
AND AGRICULTURAL BIOLOGY  
UNIVERSITY OF TYUMEN

## Study and work option

The X-BIO project aims to combine science, education, and innovation. Here, students will research the latest topics in molecular biology and genetics, biochemistry and soil ecology, nanotechnology and bioinformatics

- Opportunity to conduct thesis research under the supervision of leading scientists
- Access to the Institute's world-class laboratories
- Learning through participation in real-life, problem-oriented research projects
- Mastery of bilingual (EN/RU) professional communication



Study Office  
25 Lenina St., Tyumen  
study.xbio@utmn.ru  
8 (3452) 59-74-00 (ext. 17102)



RUSLAN KUKHARUK, Mayor of Tyumen

"WE CHERISH THE HISTORY OF TYUMEN AND TAKE CARE OF ITS FUTURE. WE ARE TRYING TO MEET THE NEEDS OF OUR CITIZENS. THIS PROJECT IS A PROACTIVE STEP TOWARDS ACHIEVING BIGGER GOALS. WE ALWAYS REMEMBER THAT TYUMEN IS THE FIRST CITY BEYOND THE URALS AND STAYS FIRST. THE DESIGN TEAM DID A BRILLIANT JOB IN CONNECTING THE PAST AND THE FUTURE"



ТЮМЕНЬ \*

## Brand new Tyumen

We cherish the history of Tyumen and take care of its future

\* Tyumen in Cyrillic alphabet, pronounced as tew-MEN



Recently Tyumen city got a rebrand. A team of local designers from the Lightshop studio developed the project. The goal was to establish Tyumen as a socio-economically stable regional capital, not just as a tourist attraction. The presentation took place in the Tyumen multicenter "Kontora parokhodstva". City administration took part in discussing the brand book and further direction of the project.

The design team wanted to present Tyumen as a stable city, where people can find their own happiness. The new branding reflects Tyumen values – self-improvement, family, and traditions. In addition to the logo itself, the designers also developed branded street signs, signboards, bus stops, and souvenirs.

Some might wonder: "Why does Tyumen need a rebrand?" The answer is very simple. Branding creates a cohesive theme across the city. It is a symbol of union. The new design will bridge the gap between the old and the new city.



ALEXANDER NAZAROV, Head of the Lightshop studio

"WE SEE TYUMEN AS A MODERN EUROPEAN CITY. IT CONSISTS OF CONTRASTS. THERE IS A DEEP HISTORICAL LAYER AND A LARGE CREATIVE CLUSTER. MODERN AND HISTORICAL ARCHITECTURE COEXIST HERE. WE VALUE THESE PARTS EQUALLY AND WANTED TO PRESERVE TYUMEN'S ESSENCE"





# Great change



# Great campus

It's a simple rule  
– environment matters

## What makes a university campus good?

Several studies have shown the direct link between the learning environment quality and students' success. Several factors can affect learning ability, including setting, placement, light, noise, and even colour.

Our new best educational building are constructed to encourage students to develop better habits, help them shift between areas seamlessly, and feel comfortable everywhere inside the buildings.

Don't get us wrong. History matters too. The important historical parts of UTMN will always be cherished and cared for. However, some classrooms in old buildings, and even buildings themselves, can't be used for effective learning, as they lack a lot of educational facilities among them charging docs, interactive boards, or Wi-Fi excess.

We want to construct educational buildings that are progressive, accessible, learner-friendly and comfortable for our students, faculty, and staff. A transformation has to happen to suit our vision.



Today, there is a shift in the understanding of what the educational infrastructure should be.

Previously the classroom was designed to fit a certain mode of interaction between students and teachers, i.e. to encourage one-way communication, where the professor is instructing the students and no conversation occurs.

The education system at UTMN has long progressed since. Nowadays dialogue, feedback, teamwork shape its core. Modern classrooms should be easily transformed to meet the shifting goals of the group. It goes without saying that organizing remote learning processes within the classroom is a top priority.

In order to meet these requirements, UTMN decided to reimagine its leaning spaces completely.

## New Space

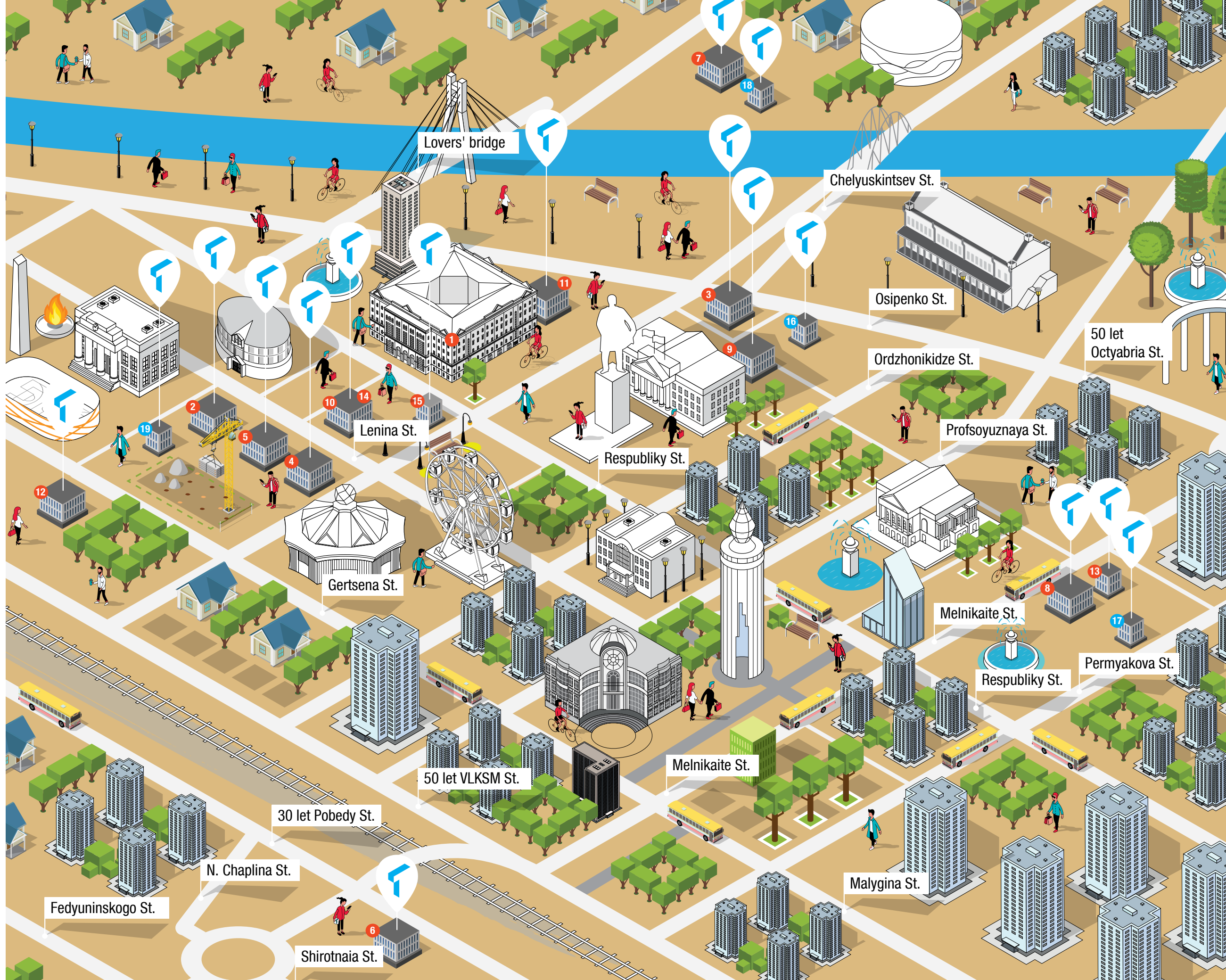
On the average, a student spends between five to eight hours on campus. The new campus focuses on developing areas for study and leisure inside the educational buildings.

MODERN CLASSROOMS SHOULD EASILY TRANSFORM TO ACCOMMODATE THE SHIFTING GOALS OF THE GROUP



# CAMPUS TOUR

- 1 Institute for Social Sciences and Humanities, 9 Respubliky St.
- 2 Institute of Physics and Technology, Institute of Chemistry, Institute of Mathematics and Computer Sciences, 15a Perekopskaya St.
- 3 Institute of Earth Sciences 2 Osipenko St/ 7 Dzerzhinskogo St.
- 4 Institute of State and Law 38 Lenina St.
- 5 Admission office Institute of Finance and Economics 16 Lenina St.
- 6 Institute of Psychology and Pedagogical Sciences 5 proezd of 9 May
- 7 Institute of Biology 3 Pirogova St.
- 8 Institute of Physical Education Olympia Sport Center 37/1 Przhivalskogo St.
- 9 School of Advanced Studies, Polytechnic School 8 Marta St, 2k1
- 10 Institute of Social Sciences and Humanities, Institute of Distance Education 23 Lenina St.
- 11 Administration Building 6 Volodarskogo St.
- 12 Winter Sports Center 41 Barnaulskaya St.
- 13 Gymnasium of Tyumen State University 37 Przhivalskogo St.
- 14 Institute of Environmental and Agricultural Biology (X-BIO) Fablab 25 Lenina St.
- 15 UTMN Library and Museum complex 22 Respubliky St/18 Semakova St.
- 16 Dormitory №1 7 Komsomolskaya St.
- 17 Dormitory №3 93a Melnikaite St.
- 18 Dormitory №4 3 Pirogova St, building 1
- 19 Dormitory number №5 19 Krasina St.





Flexible learning and research spaces



Spacious classrooms



Modern lecture halls



# New space

UTMN focuses on creating an open educational space where students can easily switch between academic activity and leisure, enjoying modern classrooms, lecture theatres, co-working spaces, and cozy cafés all over the campus.



Coworking spaces



Comfortable dorms



Student lounges





UTMN creates an ultra-modern multifunctional sports center for Tyumen

The "Olympia" multifunctional center is built to provide a modern activity space for students to engage in sports. The center is a facility where students of the UTMN Institute of Physical Education conduct their training. Additionally, Olympia is open to all citizens.

# OLYMPIA SPORTS CENTER TOUR

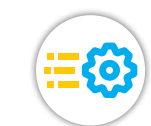


S ≈ 10 000 M<sup>2</sup>

THE THREE FLOORS OF THE SPORTS COMPLEX COVER TOGETHER ALMOST 10 THOUSAND SQUARE METERS. THE BUILDING HAS SIX MULTI-PURPOSE SPORTS COURTS AND A SWIMMING POOL.



- 1 On the ground floor of the complex, there is a spacious cafe and a gym. The gym has a separate studio for individual training and a cardio zone with modern fitness equipment
- 2 On the second floor, there is a gym with a foam pit and a trampoline. In addition, there is an arena designed for aerobics training, choreography lessons for children and adults, as well as a studio for yoga and Pilates classes
- 3 On the third floor, there is a gym with a foam pit and a trampoline. Also, there is an arena designed for aerobics training, choreography lessons for children and adults, as well as a studio for yoga and Pilates classes



Olympia has a diagnostics office. The office holds diagnosing equipment to monitor the body and can track up to 20 different parameters. The equipment allows evaluating the functioning of the cardiovascular and respiratory systems, analyze the body composition, as well as conducting psychological and psychophysiological testing



25-meter swimming pool with six lanes can be regarded as the jewel of the center. It has a modern water purification system and has separate zones for swimming and water aerobics training. The area around the pool can seat up to 300 spectators, which allows for various competitions to be held at Olympia



For the convenience of visitors, the building provides both indoor parking and free outdoor parking

The layout of the building was made taking into account all the requirements of modern public facilities. One of the main goals of Olympia design was to create an inclusive space accessible for everybody



37 Przhivalskogo St.  
Opening hours:  
Daily from 07:00 to 00:00  
Call: +7 (3452) 59-75-55  
olympia.utm.n.ru



# UTMN SUPPORT SYSTEM FOR INTERNATIONAL STUDENTS

Moving abroad is not an easy task. UTMN prides itself on creating a safe, welcoming, and multicultural campus. We strive to become a place that you can call home. We want you to get the most out of your studies and student life here. That is why it is important to have a sound support system when you arrive.



## Why international students choose UTMN?

**Ward Zaghir**



**Syria, Management**

Applying to UTMN was an obvious decision because I've already studied at Preparatory School here. During the language courses, I enjoyed living in Tyumen. I've made a lot of friends here. One of them was studying management and recommended I apply to the same program. He told me that the professors are kind and helpful, and he was right!

**Paula Fraque**



**Colombia, Economics**

I decided to study at UTMN quite spontaneously. My friend was applying, and I went along. I soon found out it was a good decision on my part. I've started learning Russian here, which is challenging because it's different from Spanish. It is also interesting to study the Russian economy and trying to draw parallels with my country. Studying abroad has helped me see different approaches to the world economy.

### Buddy Program

Buddy group is a team of students who help international students to socialize and adapt to the cultural environment of the university and the city.



Buddies can gather you at the airport or the railway station. They will help you check check into the UTMN dormitory. A buddy can show you around the city and give you a tour of the campus.



**Ho Thi Bik Thuan**

**Vietnam**

"I REMEMBER WHEN I ARRIVED HERE IN NOVEMBER 2017. I HAD A VERY LONG FLIGHT. WHEN I FINALLY ARRIVED, THE FIRST THING I SAW WAS MY BUDDIES WAITING FOR ME. I WAS ABROAD FOR THE FIRST TIME AND DIDN'T KNOW MUCH ABOUT RUSSIA, SO THEY WERE A GREAT HELP."

### Association of International Students

AIS helps incoming students to adapt and integrate into the cultural and educational environment of the University and the city. The team helps students realize their full potential, engage in campus activities, and take part in international projects of UTMN.

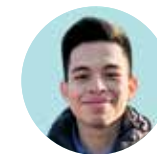


#### Cultural Centers:

- Center for Latin America and the Caribbean Countries
- Arabic Center
- Korean Center
- Chinese Center

Cultural Center is a place for students to find representation, gain knowledge of foreign languages, learn a little more about the culture of other countries and gain friends from all over the world.

**Whitman Joya**



**El Salvador, Linguistics**

UTMN has a wide variety of languages to study: German, Italian, French, Spanish, English. In addition, there is an option for linguists to study the program in English, French, or German. Due to exchange programs, there are many native speakers of different languages on campus. UTMN has individualized study programs where you can choose electives. It was important for me to branch out and have a lot of skills. The choice is vast. That is why I love studying linguistics at UTMN.

**Mukhsinjohn Zubaydov**



**Tajikistan, Computer security**

Computer security is one of the most popular professions in our time. The future is difficult to imagine without specialists in this field. If you are looking for a solid program in IT, UTMN will be an excellent choice for you. Of course, it is a challenging program, but it will be worth it. By overcoming the difficulties systematically, you will gain enough knowledge to be a professional.

### International Students Recruitment and Integration Center

This Center guides and handles most questions regarding student stay and adaptation at the university.

6 Volodarskogo St, office 214  
+7 (3452) 59-76-51



# INDIVIDUALIZED LEARNING IS LEARNING ON YOUR OWN TERMS!

## Core

This module covers basic courses, compulsory for everyone

## Major

This module includes your main specialization and hard skills you will receive throughout your studies

## Electives

These courses help you develop specific skills, discover new interests, or simply try something new. You can choose from 600 unique courses

An individual educational trajectory (IET) is a unique path that each student designs within the educational space of the university. You choose from the set of disciplines according to your own decisions, and the program easily adapts to your goals



TAISIYA  
POGODAEVA  
UTMN Vice-  
Rector

“WE WANT OUR STUDENTS TO BE SUCCESSFUL. AS WE SEE IT, SUCCESS IS NOT ABOUT THE MONEY, STATUS, OR RECOGNITION – THESE ARE ONLY ATTRIBUTES OF A SUCCESSFUL LIFE. TRUE SUCCESS STEMS FROM DOING WHAT YOU LOVE, WHAT YOU CARE ABOUT. SO WE PROVIDE THE OPPORTUNITIES AND FORM THE NECESSARY CONDITIONS TO HELP OUR STUDENTS REALIZE THEIR FULL POTENTIAL”

The new UTMN education system helps each student to make a conscientious choice. Trajectories make it possible for every student to have an individual study plan. IET provides opportunities to understand who you want to be, set goals, develop the necessary skills and apply them in future



NADEZHDA  
FEDOROVA  
Head of the IET  
Department

“THROUGH THE LAST DECADES, WE SAW A MAJOR CHANGE IN ALL SPHERES OF LIFE. NEW PRODUCTS, SERVICES, BUSINESSES, AND MARKETS BEGAN EMERGING. AS AN INSTITUTION FOR HIGHER EDUCATION, WE WANT TO SUPPLY OUR STUDENTS WITH SKILLS AND COMPETENCIES THAT WILL BE USEFUL IN THE FUTURE. WITH THE ARRIVAL OF DIGITALIZATION THERE IS NO PLACE FOR RIGID PROGRAM PLANS. WE WANT OUR EDUCATION MODEL TO BE FOCUSED UPON THE STATE OF THE LABOR MARKET, ECONOMY, AND RAPID TECHNOLOGY DEVELOPMENT”

### Individualized learning means:

- Having options. Choose new disciplines, professors you want to work with, and learning formats
- Interdisciplinary learning. Choose from hundreds of courses
- Flexible hours. IET allows students to form their own curriculum
- Tutor support. During your first year, tutors will help you navigate your educational path



# Master your future today



How does a Chemistry major become a successful journalist? This is a story of a UTMN student, who changed her mind. And succeeded!

## Before enrolling in UTMN, did you know that the university has an individual education trajectories (IET) system?

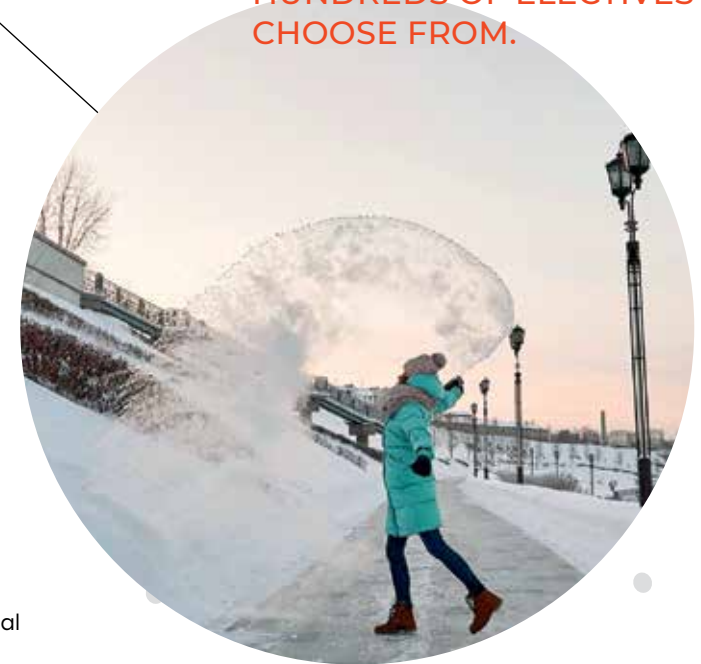
When I applied, the admissions office told us about the new system. At that time, I had no idea how IET will influence my studies. In the end, through IET I easily change majors - from Chemistry to Journalism.

## Why did you quit your program?

Well, I've studied for a month and realized that it wasn't for me. So, I decided to switch majors. I knew I wanted to study either psychology or journalism. Eventually, a tutor helped me, and I chose journalism.



**Ekaterina Fadeeva**  
Third-year student, UTMN  
Institute of Social Sciences and Humanities



TUTORS WILL NEVER TELL YOU WHAT TO DO. TUTORS HELP YOU DEVELOP A CLEAR VISION OF YOUR FUTURE, SET GOALS, AND TAKE ACTION.

IET IS GOOD FOR THOSE WHO LOVE VARIETY - THERE ARE HUNDREDS OF ELECTIVES TO CHOOSE FROM.

UTMN Individualized Educational Model was one of the most ambitious educational projects in Russia. Many other universities partially adopted the model, but it is yet to be adopted in any other educational institution. The University of Tyumen could be called a pioneer of individualization

## Tell us about your experience with a tutor.

I signed up for a group meeting with my assigned tutor - Valya. When we met, I told her that I plan to switch programs. After that, Valya invited me for an individual consultation.

During the consultation, we examined my situation; Valya guided me through the decision-making process. A tutor will never tell you what to do. Tutors help you develop a clear vision of your future, set goals, and take action.



### Do you think IET is the future of education? Or just an experiment?

I started thinking about what is IET only recently. I used to take it for granted because I never studied with another system. When I choose main courses, it feels like an experiment: you have to constantly make decisions that will affect the next six months of your life. It is a lot of responsibility. For example, if you've missed a deadline and can't enroll in the course, you'll have to make a new choice. This is how I learned to be more adaptable and have a backup plan. Now I always have two options, even three. And if I can't sign up for a certain elective, I revise my entire trajectory. I created a spreadsheet in Word where I record everything.

**WE ALWAYS HAVE OPPORTUNITIES TO MEET NEW PEOPLE THROUGH ELECTIVES. JOURNALISTS, EDUCATORS, CHEMISTS, PSYCHOLOGISTS, HISTORIANS — ALL STUDY TOGETHER**

### What are the downsides? What does not suit you personally?

There is always room to grow. I believe that there should be a set date when students can choose their electives. It should be done on weekends when there are no classes. Secondly, there needs to be a trial period. Before enrolling in a class, I would like to see the professor and listen to an introductory lecture.

On the bright side, IET is good for those who love variety – there are hundreds of electives to choose from. Everyone can find something. Sometimes I scroll through the electives list, and there are some funny ones, or just boring ones, for me at least. There was one class for law and I thought: "Who be interested in this? Surely no one will sign up for this course." But the class got full in minutes!

**IET FEELS LIKE AN EXPERIMENT: YOU HAVE TO CONSTANTLY MAKE DECISIONS THAT WILL AFFECT THE NEXT SIX MONTHS OF YOUR LIFE. IT IS A LOT OF RESPONSIBILITY**

### Do you think students who study with classic programs and IET differ?

I find it difficult to answer this question since I don't know any students outside of UTMN.

But I suppose that they have fewer acquaintances. We always have opportunities to meet new people through electives. Journalists, educators, chemists, psychologists, historians – all study together. IET allows you to communicate with people from different spheres and it helps to form your own views. For example, I attend the «Human Ecology» elective. We watch films on human ecology, after which we have a discussion. Each student points out something different. As a result, we all get to express our opinions and expand our worldview.

### What is teamwork like during study projects?

The team includes from three to six members. This mode is more challenging than individual work. Once, I was sorted into a group, where a person was my complete opposite. On the one hand, it helped to have a second opinion, but on the other hand, we had conflicts, due to which at some point we could not continue working. And I also realized that it is better not to do joint projects with friends.

### Are students using the IET wrong?

IET provides a choice. And some students are still stuck on the idea that they can't choose anything outside their Major. Therefore, they are limiting their choices. In my opinion, there is nothing wrong to study Chemistry and take a course in public speaking. Students should prioritize being versatile, sociable, and adaptable more.

### What is the general attitude of students towards IET?

Many students don't have a clear answer. Because many do not think about what an IET is. Everyone takes it for granted.

### What is the next step for IET?

As I said earlier – trial runs. Professors need to arrange a preliminary presentation of their subjects. In addition, preferential treatment should be discouraged. Better performing students have an easier time choosing electives. I'm not sure how the faculty will address this, but these changes need to happen.

# ECO-FRIENDLY STANDS FOR ENVIRONMENTALLY FRIENDLY

This concept refers to products that cause minimal harm to the environment

You need to find a good reason to go green. Otherwise, the interest won't last long



Kristina Shelemekha, the head of the volunteer association "Krugovorot" and the founder of the eco-market "Paketa.net" told us how to start your eco-friendly journey



Kristina Shelemekha, the head of the volunteer association "Krugovorot" and the founder of the eco-market "Paketa.net".

## Change starts from within.

It's vital to understand that the planet is overpopulated – there are too many people, given the current consumption volumes. Therefore, we have few options – either strict population control will be introduced, or we will cut consumption to maintain the standard of living.

Perhaps you expected me to say: well, first you need to buy eco-bags, then start sorting and then everything will be fine. But it doesn't work like that. Change starts within, no matter where you live.

I want to be a responsible person and see my country develop and mature. So I start the change with myself, letting the environment around me change on its own time. I find opportunities to sort waste and use less packaging. I always try to make a difference and use all the opportunities that I can find in the city.

There are enough chances to become a real eco-friendly consumer in Tyumen. You can hand over waste for recycling at the Separate Waste Collection Station "Sortirovochnaya", buy food and cosmetics at the Paketa.net, Drevo Zhizni, and Brusnika eco-markets. "Chistaya Polza" shop carries packaging-free cleaning supplies. New clothes can be purchased at second-hand stores, old ones can be donated or recycled.



Kristina opened her zero waste shop in 2017. The concept is simple – almost all goods are sold without packaging. Zero waste is a conscious avoidance of waste. To solve the problem of the increasing amount of waste all over the world, it is necessary to reduce the amount of it. Imagine how the total amount of waste will decrease if even a few people chose to reduce their plastic products consumption.

## Start your eco-awareness in a proper way. Ask yourself: why do you want to be green?

The eco-movement is gaining a great deal of interest, and it is quickly becoming a new glorified way of consumption. People throw themselves at new trends but fail to do it to the point. They don't let the change happen gradually.

Throughout the years I've heard some truly bizarre motivations to go green. For example, getting famous. Such approach is popular among volunteers. They plan to volunteer, then gain traction, start giving interviews, come up with an eco-project, dramatically change the world and solve every problem once and for all. It turns out that the world does not change at the snap of a finger, and interviews are quite tedious and painstaking work. Therefore, first, we need to answer the question "What is the purpose of going green?"

## Russia has a lot of catching up to do.

For me, sustainable ethical consumption was always the way to go. At first, I thought there was something wrong with me. For example, when I had to buy an extra bottle of perfume or a bottle of nail polish, or new shoes, I felt a mental resistance.

I always thought I was wired for doing that and brushed off my feelings for the first twenty years of my life. Only after I learned what responsible consumption is. It turns out that minimalism, conscious consumption, zero waste – are normal useful practices, that are quite common in America and Europe. It turns out that in Russia we are experiencing a long and slow process of catching up to this.

## Think over your goal. Otherwise, you will quickly lose interest.

It is necessary to understand that by introducing eco-practices, we are not acting for the benefit of nature, because it will recover in any case. Even if some cataclysm will simply erase us from the face of the Earth nature will do just fine. Therefore, it is not quite about protecting the planet, but about the survival of humankind, keeping up the quality of life, and the preservation of the population.



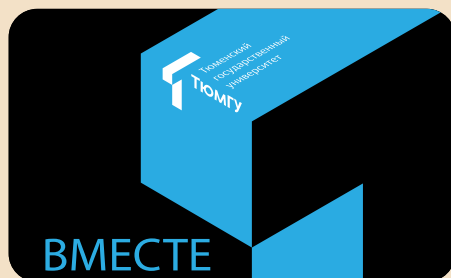
We value our community, so we have created a loyalty structure to give you something back

LET'S ENJOY

THE CITY

«TOGETHER»

Loyalty program VMESTE (Together in Russian) gives UTMN students, faculty, staff and alumni access to discounts and promotions around the city. More than 130 Tyumen companies are partners of the program. You can get a discount up to 60% at a number of Tyumen outlets including cafes, coffee shops, book stores, gyms, cinemas, as well as driving schools, pharmacies and optics, medical centers, and even hotels and constructing companies.



[utmn.ru/vmeste](http://utmn.ru/vmeste)

Register at the Vmeste portal and get the card free

The card works like any other discount card and has an unlimited validity period. Remember, one card per students. Please, do not give away your card to other people, lest your membership may be canceled.

**"Nikto ne spit" Bookstore**



In Russian "Nikto ne spit" means nobody sleeps. It is an indie bookstore located in the city center close to the School of Advanced studies of UTMN. Here you can buy the best prose and poetry, books on architecture and art? cinema, history, literary criticism, self-development, business, , as well as literature for children and young adults.

- 8 Marta St, 2k1
- +7 (3452) 61-38-77

**"VERTIKAL COFFEE" Coffee shop**



The VERTICAL Coffee shop uses Arabica beans grown in Colombia. The coffee is roasted according to a unique technology developed for coffee shops. The technology includes 15 parameters that allow achieving the perfect flavor.

- 8/1 Motorostroiteley St.
- 8-967-019-51-96, 8-922-268-99-96

**"BASHI" restaurant**



Bashi is a classic Georgian restaurant with a modern twist. The restaurant has a national Georgian style and menu. Khachapuri is the restaurant's specialty. The menu also includes khinkali, ojakhuri, kuchmachi, and other meat and vegetable dishes.

- 43 Volodarsky St. 44/2 Maxim Gorky St.
- +7 (3452) 60-12-54, +7 (3452) 61-12-14

**Fitness club "ARM STRONG"**



Proper physical form is extremely important when exercising. Professionals at ARM STRONG will overlook your training at every point of the way. Your fitness journey will begin with an introductory personal training session where you master the basics. After that, you will get a personalized program.

- 3 Nikolay Zelinsky St. 12 Stanislav Karnatsevich St.
- +7 (3452) 67-31-33

**"PLATINUM" Beauty salon**



A modern beauty salon has a variety of cosmetic treatments and cosmetic services. The salon offers services like hairdressing, hair extension, and nail art. Other services include shampooing, conditioning, and blow-drying. Masters at the salon will help you nourish and enhance your beauty.

- 88 50 let Oktyabrya St.
- +7 (3452) 78-22-22

**Sensory deprivation salon**



Floating is a unique therapeutic procedure that helps to achieve the deepest relaxation of mind and body. After the procedure, visitors can relax in a private room enjoying music and delicious tea.

- 9/11 Prokopy Artamonov St.
- +7 (3452) 70-33-77

Learn more about discounts and promotions from VMESTE team

SPECIALIST CONSULTATION IS REQUIRED



### Welcome Center UTMN

Anyone can travel! Even students on a tight budget. UTMN Welcome Center presents the best spots in Tyumen and it will help you to learn the city.

[instagram.com/welcome\\_utmnn](https://www.instagram.com/welcome_utmnn)

### Student Media Center

This is the place where art and social media meet. This is a perfect place to give a start to your projects. The center has professional video & photo equipment. Here you can learn how to produce video, take photos, edit texts, and design sites.

[instagram.com/stud.io.utmnn](https://www.instagram.com/stud.io.utmnn)



### American Football Team "Black Sables"

Black Sables is a large community dedicated to American football and flag football. This unique sport integrates tactics, strength, endurance, speed, and intelligence. Join now, if you want to test your abilities. The regime will be strict: five workouts per week for all fitness levels. New members are accepted all year round. 16+

[instagram.com/black\\_sables/?hl=ru](https://www.instagram.com/black_sables/?hl=ru)



### Student Scientific Society

Scientific Society is a great place for students, seeking a community of like-minded people who are interested in research activities at the University! Here you will learn about grants, students' competition of every type, international student exchange programs, international conferences, forums, scientific seminars, case tournaments, and etc.

[vk.com/student\\_science](https://vk.com/student_science)



### Workshop for youth projects "19/30"

"19/30" is a platform for university students who want to try their hand at project management. The platform helps students develop skills and find resources for their projects.

[facebook.com/initiative.utmnn](https://facebook.com/initiative.utmnn)

### Cybersport Team

Here you can meet interesting people, form a team, and take a chance to win at an e-sports tournament! Join to know about esports tournaments that are going on in the city and on campus. The Cybersports team will personally make sure that everyone finds a game to their liking in the vast world of esports!

[instagram.com/eleagueutmnn](https://www.instagram.com/eleagueutmnn)



### Association of International Students

AIS helps international students to adapt and integrate into the cultural and educational environment of the University and the city. AIS encourages international students to become a part of the UTMN community and join international projects of UTMN.

[instagram.com/aisutmnn](https://www.instagram.com/aisutmnn)

### Environmental Association 5R

5R is a student association, where students promote environmental education, install waste sorting points and organize "green" events on campus and in the city. In 2019, the project expanded outside of Russia and became international.

[instagram.com/5r\\_utmnn](https://www.instagram.com/5r_utmnn)



Illustrations by: scoriadellarte.blogspot, STUPID ART, Robin Doyle, shusaku-takaoka, hayatinin evreni

# How to have fun outside of the classroom?





# UTMN

## CAREER CENTER

The center shares information about:

- internships
- workshops
- success stories of our graduates
- employment opportunities

Due to new federal policies, introduced in 2020, it became easier for international students to seek employment in Russia.

New amendments will let foreign citizens studying at Russian universities and professional training colleges to get a job without a special certification. The amendment will also help students to participate in yearly employment programs and fairs held at UTMN.



Follow the UTMN Career Center Telegram channel for daily updates and open vacancies listings

UTMN Career Center helps all students to choose and pursue their career goals





## EXPLORE THE CITY AND SAVE UP WITH THE VMESTE CARD!

[utmn.ru/vmeste](https://utmn.ru/vmeste)

“Vmeste” is a card for members of the UTMN community. The holder of the card gets deals and discounts around the city. So next time you will go for a latte, remember to take the “Vmeste” card with you.

More than 130 Tyumen companies are partners of the “Vmeste” program.



16+



“Disciplina” is a great place to test out your card. It is a cozy café located in the city center. Take your favorite book, order a drink, and settle in for a good time.

**Disciplina coffeeshop**  
University of Tyumen  
School of Advanced Studies  
8 Marta St, 2k1